



Club Records For Diss Otters SC

Date 12 Jan 2023

All pool sizes

Boys age 7

Event	Time	Name	Date	Venue
25m Free	0:25.68	Noah Blair	10 Apr 2017	Diss TT
50m Free	0:52.83	Noah Blair	15 Sep 2017	Club Champs
100m Free	1:52.29	Noah Blair	15 Sep 2017	Club Champs
200m Free	3:58.43	Noah Blair	15 Sep 2017	Club Champs
400m Free	9:24.85	Fin Neve	03 Dec 2015	Club Champs
800m Free				
1500m Free				
25m Breast	0:31.01	Noah Blair	20 Feb 2017	PB Gala
50m Breast	1:05.44	Lucas Blair	03 Dec 2015	Club Champs
100m Breast	2:22.21	Lucas Blair	03 Dec 2015	Club Champs
200m Breast	4:53.10	Noah Blair	15 Sep 2017	Club Champs
25m Fly	0:34.42	Noah Blair	20 Feb 2017	PB Gala
50m Fly	0:56.15	Noah Blair	15 Sep 2017	Club Champs
100m Fly	1:20.23	Matthew Munnings	01 Jan 2011	
200m Fly				
25m Back	0:28.40	Noah Blair	20 Feb 2017	PB Gala
50m Back	0:59.21	Noah Blair	15 Sep 2017	Club Champs
100m Back	2:04.62	Noah Blair	15 Sep 2017	Club Champs
200m Back	4:11.46	Noah Blair	15 Sep 2017	Club Champs
100m Medley	1:59.18	Noah Blair	15 Sep 2017	Club Champs
200m Medley				
400m Medley				

Girls age 7

Event	Time	Name	Date	Venue
25m Free	0:22.38	Jodi Brown	15 Sep 2014	PB Gala
50m Free	0:55.75	Heidi Noakes	20 Feb 2017	PB Gala
100m Free	2:11.40	Faye Wilson	15 Sep 2017	Club Champs
200m Free	4:41.21	Faye Wilson	15 Sep 2017	Club Champs
400m Free	9:13.71	Faye Wilson	15 Sep 2017	Club Champs
800m Free				
1500m Free				
25m Breast	0:30.68	Thea Irvine	29 May 2013	Norwich
50m Breast	1:11.69	Rosie Munnings	12 May 2014	Diss PB Gala
100m Breast	2:37.09	Faye Wilson	15 Sep 2017	Club Champs
200m Breast	5:11.43	Faye Wilson	15 Sep 2017	Club Champs
25m Fly	0:32.45	Ottilie Miller	29 Nov 2009	Champs
50m Fly	1:16.79	Faye Wilson	15 Sep 2017	Club Champs
100m Fly				
200m Fly				
25m Back	0:26.63	Alice Palmer	28 Apr 2011	Diss TT
50m Back	1:00.72	Leah Spinks	27 May 2022	50m PB Gala PB Gala - May 2022 Diss
100m Back	2:25.67	Faye Wilson	15 Sep 2017	Club Champs
200m Back	0:47.08	Heidi Noakes	20 Feb 2017	PB Gala
100m Medley				
200m Medley				
400m Medley				

Boys age 8

Event	Time	Name	Date	Venue
25m Free	0:19.58	Noah Blair	15 Apr 2018	PB Gala
50m Free	0:28.58	Matthew Munnings	01 Jan 2012	
100m Free	1:04.20	Matthew Munnings	01 Jan 2012	
200m Free	3:28.87	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss
400m Free	7:16.36	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss
800m Free				
1500m Free				
25m Breast	0:25.60	Donald Perrin	29 Jun 2019	DOSC Summer Splash Development Gala 2019 DOSC Summer Splash Diss
50m Breast	0:57.00	Donald Perrin	29 Jun 2019	DOSC Summer Splash Development Gala 2019 DOSC Summer Splash Diss
100m Breast	2:07.72	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss
200m Breast	4:26.08	Donald Perrin	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
25m Fly	0:22.39	Noah Blair	15 Apr 2018	PB Gala
50m Fly	0:58.93	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss
100m Fly	1:11.36	Matthew Munnings	01 Jan 2012	
200m Fly	4:34.88	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Back	0:23.12	Ryan Waters	27 Oct 2007	Diss
50m Back	0:50.61	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss
100m Back	1:50.79	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss
200m Back	3:37.36	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss

Event	Time	Name	Date	Venue
100m Medley	1:14.50	Matthew Munnings	01 Jan 2012	
200m Medley	4:06.84	Noah Blair	28 Sep 2018	Diss Otters Club Champs 2018 Diss
400m Medley				

Girls age 8

Event	Time	Name	Date	Venue
25m Free	0:19.96	Cassia Miller	16 Mar 2013	Dereham
50m Free	0:43.31	Andrea Altadonna	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
100m Free	1:35.58	Andrea Altadonna	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
200m Free	3:32.59	Andrea Altadonna	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
400m Free	8:22.95	Faye Wilson	28 Sep 2018	Diss Otters Club Champs 2018 Diss
800m Free	17:13.71	Heidi Noakes	15 Sep 2017	Club Champs
1500m Free				
25m Breast	0:25.87	Thea Irvine	15 Sep 2014	PB Gala
50m Breast	0:55.66	Thea Irvine	18 Sep 2014	PB Gala
100m Breast	2:12.84	Andrea Altadonna	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
200m Breast	4:52.59	Faye Wilson	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Fly	0:25.85	Amber Daly	20 Feb 2017	PB Gala
50m Fly	0:53.09	Andrea Altadonna	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
100m Fly	2:25.34	Amber Dewsbery	22 Nov 2013	Club Champs
200m Fly				
25m Back	0:24.53	Heidi Noakes	06 May 2017	UEA
50m Back	0:47.54	Immy Grimes	22 Apr 2013	Diss PB Gala
100m Back	1:49.64	Andrea Altadonna	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
200m Back	4:15.06	Grace Cook	15 Sep 2017	Club Champs

Event	Time	Name	Date	Venue
100m Medley	1:54.69	Andrea Altadonna	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
200m Medley	4:40.20	Ella Townsend	15 Sep 2017	Club Champs
400m Medley				

Boys age 9

Event	Time	Name	Date	Venue
25m Free	0:15.98	Barnabas Clarke	01 Jan 2009	
50m Free	0:27.33	Matthew Munnings	01 Jan 2013	
100m Free	0:59.90	Matthew Munnings	01 Jan 2013	
200m Free	3:08.24	Noah Blair	29 Sep 2019	Diss Otters Club Championships 2019 DO SC Club Championships 2019 Diss
400m Free	6:42.83	Ciaran Strike	03 Mar 2018	UEA Norwich
800m Free	13:30.92	Noah Blair	29 Sep 2019	Diss Otters Club Championships 2019 DO SC Club Championships 2019 Diss
1500m Free				
25m Breast	0:19.76	Barnabas Clarke	01 Jan 2009	
50m Breast	0:43.54	Barnabas Clarke	01 Jan 2009	
100m Breast	1:49.60	Noah Blair	31 Mar 2019	Norwich Swan Open Meet 2019 Norwich Swan Open Meet Norwich
200m Breast	4:04.59	Lucas Blair	15 Sep 2017	Club Champs
25m Fly	0:16.80	Barnabas Clarke	01 Jan 2009	
50m Fly	0:29.28	Matthew Munnings	01 Jan 2013	
100m Fly	1:50.69	Noah Blair	29 Sep 2019	Diss Otters Club Championships 2019 DO SC Club Championships 2019 Diss
200m Fly	4:04.06	Noah Blair	29 Sep 2019	Diss Otters Club Championships 2019 DO SC Club Championships 2019 Diss
25m Back	0:19.09	Barnabas Clarke	01 Jan 2009	
50m Back	0:41.04	Barnabas Clarke	01 Jan 2009	
100m Back	1:32.02	Noah Blair	31 Mar 2019	Norwich Swan Open Meet 2019 Norwich Swan Open Meet Norwich
200m Back	3:19.16	Noah Blair	29 Sep 2019	Diss Otters Club Championships 2019 DO SC Club Championships 2019 Diss

Event	Time	Name	Date	Venue
100m Medley	1:28.65	Barnabas Clarke	01 Jan 2009	
200m Medley	3:14.34	Barnabas Clarke	01 Jan 2009	
400m Medley	7:22.78	Noah Blair	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss

Girls age 9

Event	Time	Name	Date	Venue
25m Free	0:16.20	Sophia Pickering	01 Jan 2016	
50m Free	0:34.47	Grace Greenhalf	01 Jan 2016	
100m Free	1:27.68	Rosie Munnings	17 Apr 2016	Newmarket
200m Free	3:18.95	Thea Irvine	03 Oct 2015	Bury St Edmunds
400m Free	7:38.84	Ella Townsend	28 Sep 2018	Diss Otters Club Champs 2018 Diss
800m Free	16:08.26	Ella Townsend	28 Sep 2018	Diss Otters Club Champs 2018 Diss
1500m Free				
25m Breast	0:20.34	Sarah Osborne	01 Jan 2009	
50m Breast	0:43.52	Grace Greenhalf	01 Jan 2016	
100m Breast	1:55.45	Hollie Richards	26 Jun 2022	County Challenge 2022 County Challenge 2022 Dereham
200m Breast	3:45.43	Thea Irvine	03 Oct 2015	Bury St Edmunds
25m Fly	0:17.78	Grace Greenhalf	01 Jan 2016	
50m Fly	0:35.93	Grace Greenhalf	01 Jan 2016	
100m Fly	1:50.02	Heidi Noakes	02 Mar 2019	CoN LC L3 Meet 2019
200m Fly	4:26.70	Rosie Munnings	26 Jun 2016	Dereham
25m Back	0:18.81	Sophia Pickering	01 Jan 2016	
50m Back	0:39.64	Katie Nash	01 Jan 2009	
100m Back	1:39.52	Rosie Munnings	17 Apr 2016	Newmarket
200m Back	3:27.36	Rosie Munnings	26 Jun 2016	Dereham

Event	Time	Name	Date	Venue
100m Medley	1:22.13	Grace Greenhalf	01 Jan 2016	
200m Medley	3:04.15	Grace Greenhalf	01 Jan 2016	
400m Medley				

Boys age 10

Event	Time	Name	Date	Venue
25m Free	0:16.42	Matthew Munnings	15 Sep 2014	PB Gala
50m Free	0:30.95	Barnabas Clarke	01 Jan 2010	
100m Free	0:59.69	Matthew Munnings	01 Jan 2014	
200m Free	3:02.36	Matthew Munnings	19 Oct 2014	UEA
400m Free	6:25.27	Ciaran Strike	31 Mar 2019	Norwich Swan Open Meet 2019 Norwich Swan Open Meet Norwich
800m Free	13:48.02	Ciaran Strike	28 Sep 2018	Diss Otters Club Champs 2018 Diss
1500m Free	27:25.78	Ciaran Strike	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Breast	0:24.12	Ben Eastwood	12 Mar 2022	Springboard Development Gala 2022 Springboard Meet - March 2022 Diss
50m Breast	0:40.14	Barnabas Clarke	01 Jan 2010	
100m Breast	1:32.61	Barnabas Clarke	01 Jan 2010	
200m Breast	3:41.77	Noah Blair	08 Mar 2020	London
25m Fly	0:18.58	Elliot Barkway	29 Jun 2019	DOSC Summer Splash Development Gala 2019 DOSC Summer Splash 2019 Diss
50m Fly	0:28.76	Matthew Munnings	01 Jan 2014	
100m Fly	1:04.84	Matthew Munnings	01 Jan 2014	
200m Fly	3:54.17	Matthew Munnings	29 Jun 2014	Dereham
25m Back	0:20.18	Matthew Tatum	23 Feb 2012	Diss PB Gala
50m Back	0:36.13	Barnabas Clarke	01 Jan 2010	
100m Back	1:24.63	Joe Osborne	01 Jan 2010	
200m Back	3:10.27	Noah Blair	26 Jan 2020	Norfolk County Championships 2020 Norfolk County Champs 2020 Norwich

Event	Time	Name	Date	Venue
100m Medley	1:20.58	Barnabas Clarke	01 Jan 2010	
200m Medley	3:08.47	Ben Sweeting	01 Jan 2010	
400m Medley	7:40.72	Ciaran Strike	28 Sep 2018	Diss Otters Club Champs 2018 Diss

Girls age 10

Event	Time	Name	Date	Venue
25m Free	0:14.88	Amber Daly	09 Mar 2019	DOSC Springboard Gala Diss Otters Spring Board Gala Diss Leisure Centre,
50m Free	0:32.76	Lindsay Govier	01 Jan 2010	
100m Free	1:12.85	Sarah Greenwood	01 Jan 2010	
200m Free	2:49.53	Thea Irvine	15 Sep 2016	Club Champs
400m Free	6:09.94	Thea Irvine	15 Sep 2016	Club Champs
800m Free	14:26.11	Lily Ellis	15 Sep 2017	Club Champs
1500m Free	28:22.03	Ella Townsend	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
25m Breast	0:21.84	Rosie Munnings	20 Feb 2017	PB Gala
50m Breast	0:40.14	Amelia Epton	01 Jan 2010	
100m Breast	1:28.64	Amelia Epton	01 Jan 2010	
200m Breast	3:34.32	Thea Irvine	15 Sep 2016	Club Champs
25m Fly	0:19.20	Thea Irvine	16 Jun 2016	PB Gala
50m Fly	0:38.00	Sarah Greenwood	01 Jan 2010	
100m Fly	1:24.27	Amelia Epton	01 Jan 2010	
200m Fly	3:38.19	Lottie Gates	12 May 2014	Diss PB Gala
25m Back	0:19.21	Rosie Munnings	20 Feb 2017	PB Gala
50m Back	0:37.97	Sophia Pickering	01 Jan 2017	
100m Back	1:24.82	Sophia Pickering	01 Jan 2017	
200m Back	3:11.88	Immy Grimes	18 Apr 2015	Newmarket

Event	Time	Name	Date	Venue
100m Medley	1:26.22	Alice Waterfield	01 Jan 2010	
200m Medley	3:05.72	Sarah Greenwood	01 Jan 2010	
400m Medley	6:53.54	Thea Irvine	01 Oct 2016	Bury St Edmunds

Boys age 11

Event	Time	Name	Date	Venue
25m Free	0:16.14	Max Ashken	15 Sep 2014	PB Gala
50m Free	0:31.05	Barnabas Clarke	01 Jan 2011	
100m Free	1:10.36	Shaun Hunton	01 Jan 2011	
200m Free	2:40.55	Matthew Munnings	18 Oct 2015	UEA Norwich
400m Free	5:42.81	Fin Neve	26 Jan 2020	Norfolk County Championships 2020 Norfolk County Champs 2020 Norwich
800m Free	12:38.66	Fin Neve	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
1500m Free	23:41.09	Noah Blair	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss
25m Breast	0:23.17	Jack Childs	15 Apr 2018	PB Gala
50m Breast	0:39.63	Barnabas Clarke	01 Jan 2011	
100m Breast	1:32.96	Steven Dungar	01 Jan 2011	
200m Breast	3:26.29	Fin Neve	01 Feb 2020	Norfolk County Championships 2020 Norfolk County Champs 2020 Norwich
25m Fly	0:18.61	Max Ashken	15 Sep 2014	PB Gala
50m Fly	0:33.43	Barnabas Clarke	01 Jan 2011	
100m Fly	1:20.23	Matthew Munnings	03 Oct 2015	Bury St Edmunds
200m Fly	3:15.32	Matthew Munnings	18 Oct 2015	UEA Norwich
25m Back	0:20.29	Dan Bachu	16 Jun 2016	PB Gala
50m Back	0:36.91	Joe Osborne	01 Jan 2011	
100m Back	1:20.55	Joe Osborne	01 Jan 2011	
200m Back	2:59.16	Noah Blair	14 Dec 2020	Level X - S1 R2+3 - Banana, Orange, Apple & Masters

Event	Time	Name	Date	Venue
100m Medley	1:19.93	Barnabas Clarke	01 Jan 2011	
200m Medley	2:58.59	Shaun Hunton	01 Jan 2011	
400m Medley	6:51.90	Fin Neve	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss

Girls age 11

Event	Time	Name	Date	Venue
25m Free	0:15.01	Rosie Munnings	15 Apr 2018	PB Gala
50m Free	0:30.94	Lindsay Govier	01 Jan 2011	
100m Free	1:09.34	Katie Nash	01 Jan 2011	
200m Free	2:36.52	Rosie Munnings	12 May 2018	Bury
400m Free	5:45.07	Ellen Davidson	22 Feb 2014	Wymondham
800m Free	11:52.94	Thea Irvine	15 Sep 2017	Club Champs
1500m Free	23:47.36	Thea Irvine	15 Sep 2017	Club Champs
25m Breast	0:19.67	Rosie Munnings	15 Apr 2018	PB Gala
50m Breast	0:37.88	Amelia Epton	01 Jan 2011	
100m Breast	1:23.71	Amelia Epton	01 Jan 2011	
200m Breast	3:15.80	Thea Irvine	30 Sep 2017	Bury St Edmunds
25m Fly	0:16.77	Rosie Munnings	15 Apr 2018	PB Gala
50m Fly	0:34.15	Katie Nash	01 Jan 2011	
100m Fly	1:19.88	Amelia Epton	01 Jan 2011	
200m Fly	3:08.97	Thea Irvine	15 Sep 2017	Club Champs
25m Back	0:18.53	Rosie Munnings	15 Apr 2018	PB Gala
50m Back	0:35.33	Sophia Pickering	01 Jan 2018	
100m Back	1:21.16	Holly Gregson	01 Jan 2011	
200m Back	3:00.67	Rosie Munnings	12 May 2018	Bury
100m Medley	1:19.37	Rosie Munnings	01 Jan 2018	
200m Medley	2:46.59	Amelia Epton	01 Jan 2011	
400m Medley	6:22.33	Thea Irvine	15 Sep 2017	Club Champs

Boys age 12

Event	Time	Name	Date	Venue
25m Free	0:13.85	Matthew Munnings	16 Jun 2016	PB Gala
50m Free	0:28.58	Matthew Munnings	01 Oct 2016	Bury St Edmunds
100m Free	1:04.20	Matthew Munnings	01 Oct 2016	Bury St Edmunds
200m Free	2:23.16	Matthew Munnings	16 Oct 2016	Diss Otters Open Meet 2016 Sportspark Norwich
400m Free	5:21.87	Fin Neve	21 Dec 2020	Level X - S1 R2+3 - Banana, Orange, Apple & Masters
800m Free	11:06.10	Matthew Munnings	28 Oct 2016	Club Champs
1500m Free	22:32.82	Matthew Munnings	28 Oct 2016	Club Champs
25m Breast	0:19.62	Jude Ashken	22 Apr 2013	Diss PB Gala
50m Breast	0:37.33	Cameron Day	01 Jan 2012	
100m Breast	1:22.04	Cameron Day	01 Jan 2012	
200m Breast	3:07.12	Fin Neve	18 Dec 2020	Level X - S1 R2+3 - Banana, Orange, Apple & Masters
25m Fly	0:15.10	Matthew Munnings	16 Jun 2016	PB Gala
50m Fly	0:30.37	Joel Clarke	01 Jan 2012	
100m Fly	1:11.36	Matthew Munnings	01 Oct 2016	Bury St Edmunds
200m Fly	2:50.35	Max Ashken	03 Dec 2015	Club Champs
25m Back	0:18.07	Matthew Munnings	16 Jun 2016	PB Gala
50m Back	0:32.86	Joel Clarke	01 Jan 2012	
100m Back	1:06.93	Matthew Tatum	01 Jan 2014	
200m Back	2:45.28	Matthew Munnings	16 Oct 2016	Diss Otters Open Meet 2016 Sportspark Norwich

Event	Time	Name	Date	Venue
100m Medley	1:14.50	Matthew Munnings	01 Oct 2016	Bury St Edmunds
200m Medley	2:43.09	Alex Lyne	01 Jan 2012	
400m Medley	5:53.97	Matthew Munnings	01 Oct 2016	Bury St Edmunds

Girls age 12

Event	Time	Name	Date	Venue
25m Free	0:14.62	Lottie Gates	16 Jun 2016	PB Gala
50m Free	0:29.86	Rosie Munnings	02 Feb 2019	County Champs 2019
100m Free	1:05.69	Rosie Munnings	02 Feb 2019	County Champs 2019
200m Free	2:34.01	Rosie Munnings	28 Sep 2018	Diss Otters Club Champs 2018 Diss
400m Free	5:30.10	Thea Irvine	28 Sep 2018	Diss Otters Club Champs 2018 Diss
800m Free	12:14.37	Rosie Munnings	28 Sep 2018	Diss Otters Club Champs 2018 Diss
1500m Free	22:13.32	Thea Irvine	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Breast	0:19.08	Thea Irvine	15 Apr 2018	PB Gala
50m Breast	0:37.42	Amelia Epton	01 Jan 2012	
100m Breast	1:19.66	Amelia Epton	01 Jan 2012	
200m Breast	3:15.01	Thea Irvine	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Fly	0:16.29	Lottie Gates	16 Jun 2016	PB Gala
50m Fly	0:33.42	Kate Osborne	01 Jan 2012	
100m Fly	1:15.23	Amelia Epton	01 Jan 2012	
200m Fly	3:07.56	Thea Irvine	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Back	0:17.28	Lottie Gates	16 Jun 2016	PB Gala
50m Back	0:34.46	Holly Gregson	01 Jan 2012	
100m Back	1:12.99	Holly Gregson	01 Jan 2012	
200m Back	2:49.44	Immy Grimes	03 Dec 2016	UEA Norwich
100m Medley	1:16.98	Amelia Epton	01 Jan 2012	
200m Medley	2:41.55	Amelia Epton	01 Jan 2012	
400m Medley	6:08.73	Thea Irvine	28 Sep 2018	Diss Otters Club Champs 2018 Diss

Boys age 13

Event	Time	Name	Date	Venue
25m Free	0:13.80	Matthew Munnings	20 Feb 2017	PB Gala
50m Free	0:27.33	Matthew Munnings	10 Jun 2017	Wymondham
100m Free	0:59.90	Matthew Munnings	15 Oct 2017	UEA Norwich
200m Free	2:16.53	Matthew Munnings	15 Sep 2017	Club Champs
400m Free	4:49.20	Fin Neve	26 Feb 2022	Norfolk County Championships 2022 - V2 Norfolk County Championships 2 Norwich
800m Free	10:24.22	Matthew Munnings	15 Sep 2017	Club Champs
1500m Free	20:41.25	Fin Neve	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss
25m Breast	0:19.68	Dan Bachu	15 Apr 2018	PB Gala
50m Breast	0:35.60	Cameron Day	01 Jan 2013	
100m Breast	1:18.85	Fin Neve	28 Nov 2021	2021 CONSC November Short Course 3ER210457 Sportspark, UEA Norwich
200m Breast	2:53.31	Fin Neve	26 Feb 2022	Norfolk County Championships 2022 - V2 Norfolk County Championships 2 Norwich
25m Fly	0:14.06	Matthew Munnings	20 Feb 2017	PB Gala
50m Fly	0:29.28	Matthew Munnings	15 Oct 2017	UEA Norwich
100m Fly	1:06.17	Joel Clarke	01 Jan 2013	
200m Fly	2:35.79	Matthew Munnings	15 Sep 2017	Club Champs
25m Back	0:17.71	Matthew Tatum	15 Sep 2014	PB Gala
50m Back	0:31.29	Joel Clarke	01 Jan 2013	
100m Back	1:07.40	Joel Clarke	01 Jan 2013	
200m Back	2:33.72	Matthew Tatum	18 Apr 2015	Newmarket

Event	Time	Name	Date	Venue
100m Medley	1:09.39	Cameron Day	01 Jan 2013	
200m Medley	2:29.91	Cameron Day	01 Jan 2013	
400m Medley	5:33.26	Matthew Tatum	08 Mar 2015	Thetford

Girls age 13

Event	Time	Name	Date	Venue
25m Free	0:14.71	Immy Grimes	15 Apr 2018	PB Gala
50m Free	0:29.36	Rosie Munnings	13 Oct 2019	Diss Open 2019 Diss Open 2019 Norwich
100m Free	1:03.68	Rosie Munnings	06 Oct 2019	Sheffield
200m Free	2:21.21	Rosie Munnings	17 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich
400m Free	5:10.30	Thea Irvine	13 Oct 2019	Diss Open 2019 Diss Open 2019 Norwich
800m Free	10:34.63	Thea Irvine	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
1500m Free	20:04.12	Thea Irvine	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
25m Breast	0:19.20	Lottie Gates	20 Feb 2017	PB Gala
50m Breast	0:35.93	Amelia Epton	01 Jan 2013	
100m Breast	1:17.77	Amelia Epton	01 Jan 2013	
200m Breast	3:01.00	Thea Irvine	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
25m Fly	0:15.97	Lottie Gates	20 Feb 2017	PB Gala
50m Fly	0:32.95	Kate Osborne	01 Jan 2013	
100m Fly	1:13.21	Amelia Epton	01 Jan 2013	
200m Fly	2:55.63	Thea Irvine	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
25m Back	0:15.62	Immy Grimes	15 Apr 2018	PB Gala
50m Back	0:33.08	Katie Nash	01 Jan 2013	
100m Back	1:14.38	Katie Nash	01 Jan 2013	
200m Back	2:44.65	Lottie Gates	21 Jan 2017	UEA Norwich

Event	Time	Name	Date	Venue
100m Medley	1:15.89	Amelia Epton	01 Jan 2013	
200m Medley	2:41.52	Amelia Epton	01 Jan 2013	
400m Medley	5:42.75	Thea Irvine	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss

Boys age 14

Event	Time	Name	Date	Venue
25m Free	0:16.65	Ruben Thompson	12 Mar 2022	Springboard Development Gala 2022 Springboard Meet - March 2022 Diss
50m Free	0:26.40	Fin Neve	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
100m Free	0:57.91	Fin Neve	16 Oct 2022	Diss Open 2022 Diss Otters Sprint Meet 2022 Norwich
200m Free	2:05.97	Fin Neve	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
400m Free	4:46.50	Fin Neve	10 Jul 2022	2022 CONSC Midsummer Madness 3ER220343 Sportspark UEA
800m Free	9:30.75	Fin Neve	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
1500m Free	20:35.89	Max Ashken	15 Sep 2017	Club Champs
25m Breast	0:22.69	Gabriel Thompson	09 Mar 2019	DOSC Springboard Gala Diss Otters Spring Board Gala Diss Leisure Centre,
50m Breast	0:33.41	Fin Neve	16 Oct 2022	Diss Open 2022 Diss Otters Sprint Meet 2022 Norwich
100m Breast	1:12.46	Fin Neve	16 Oct 2022	Diss Open 2022 Diss Otters Sprint Meet 2022 Norwich
200m Breast	3:02.09	Matthew Tatum	07 May 2016	Bury St Edmunds
25m Fly	0:19.49	Ruben Thompson	12 Mar 2022	Springboard Development Gala 2022 Springboard Meet - March 2022 Diss
50m Fly	0:28.58	Matthew Munnings	28 Sep 2018	Diss Otters Club Champs 2018 Diss
100m Fly	1:04.84	Matthew Munnings	13 Jan 2018	UEA Norwich
200m Fly	2:36.48	Matthew Munnings	12 May 2018	Bury
25m Back	0:20.20	Gabriel Thompson	09 Mar 2019	DOSC Springboard Gala Diss Otters Spring Board Gala Diss Leisure Centre,
50m Back	0:31.21	Isaac Bachu	01 Jan 2014	
100m Back	1:04.81	Matthew Tatum	01 Jan 2016	
200m Back	2:26.39	Matthew Tatum	07 May 2016	Bury St Edmunds

Event	Time	Name	Date	Venue
100m Medley	1:06.16	Fin Neve	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
200m Medley	2:20.39	Fin Neve	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
400m Medley	5:32.51	Matthew Tatum	21 Feb 2016	Thetford

Girls age 14

Event	Time	Name	Date	Venue
25m Free	0:14.81	Cassia Miller	15 Apr 2018	PB Gala
50m Free	0:29.95	Lindsay Govier	01 Jan 2014	
100m Free	1:04.98	Shirley Bull	01 Jan 2014	
200m Free	2:26.57	Thea Irvine	17 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich
400m Free	5:05.62	Thea Irvine	16 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich
800m Free	10:47.26	Thea Irvine	18 Jan 2020	Norfolk County Championships 2020 Norfolk County Champs 2020 Norwich
1500m Free	20:28.28	Thea Irvine	30 Nov 2019	2019 CONSC Distance Time Trials 3ER193262 Sportspark, UEA Norwich
25m Breast	0:20.17	Cassia Miller	15 Apr 2018	PB Gala
50m Breast	0:36.13	Amelia Epton	01 Jan 2014	
100m Breast	1:17.95	Amelia Epton	01 Jan 2014	
200m Breast	2:58.35	Thea Irvine	17 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich
25m Fly	0:16.18	Lottie Gates	15 Apr 2018	PB Gala
50m Fly	0:32.35	Katie Nash	01 Jan 2014	
100m Fly	1:14.19	Shirley Bull	01 Jan 2014	
200m Fly	2:49.38	Thea Irvine	16 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich
25m Back	0:16.81	Lottie Gates	15 Apr 2018	PB Gala
50m Back	0:33.15	Hannah Blades	01 Jan 2014	
100m Back	1:13.62	Katie Nash	01 Jan 2014	
200m Back	2:43.98	Immy Grimes	31 Mar 2019	Norwich Swan Open Meet 2019 Norwich Swan Open Meet Norwich

Event	Time	Name	Date	Venue
100m Medley	1:13.25	Amelia Epton	01 Jan 2014	
200m Medley	2:38.33	Amelia Epton	01 Jan 2014	
400m Medley	5:58.29	Thea Irvine	08 Mar 2020	London

Boys age 15

Event	Time	Name	Date	Venue
25m Free	0:13.67	Max Ashken	15 Apr 2018	PB Gala
50m Free	0:25.74	Joel Clarke	01 Jan 2015	
100m Free	0:56.17	Cameron Day	01 Jan 2015	
200m Free	2:10.88	Matthew Munnings	29 Sep 2019	Diss Otters Club Championships 2019 DO SC Club Championships Diss
400m Free	4:44.76	Matthew Tatum	21 Jan 2017	UEA Norwich
800m Free	10:10.41	Max Ashken	28 Sep 2018	Diss Otters Club Champs 2018 Diss
1500m Free	20:15.38	Harry Daly	29 Sep 2019	Diss Otters Club Championships 2019 DO SC Club Championships Diss
25m Breast				
50m Breast	0:32.89	Mark Hunton	01 Jan 2015	
100m Breast	1:12.24	Mark Hunton	01 Jan 2015	
200m Breast	2:56.79	Ryan Waters	19 Oct 2014	UEA
25m Fly	0:13.95	Max Ashken	15 Apr 2018	PB Gala
50m Fly	0:27.65	Joel Clarke	01 Jan 2015	
100m Fly	1:02.06	Joel Clarke	01 Jan 2015	
200m Fly	2:27.42	Max Ashken	05 May 2018	UEA Norwich
25m Back	0:18.15	Max Ashken	15 Apr 2018	PB Gala
50m Back	0:29.93	Joel Clarke	01 Jan 2015	
100m Back	1:04.95	Joel Clarke	01 Jan 2015	
200m Back	2:20.54	Matthew Tatum	08 Apr 2017	Newmarket

Event	Time	Name	Date	Venue
100m Medley	1:07.00	Mark Hunton	01 Jan 2015	
200m Medley	2:29.98	Matthew Tatum	03 Dec 2016	UEA Norwich
400m Medley	5:27.07	Matthew Munnings	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss

Girls age 15

Event	Time	Name	Date	Venue
25m Free	0:16.32	Shannon Evans	20 Feb 2017	PB Gala
50m Free	0:29.23	Thea Irvine	02 Nov 2020	Level X - S1 R1 - Banana, Orange, Apple & Masters
100m Free	1:05.03	Caitlin Davy	01 Jan 2015	
200m Free	2:18.56	Thea Irvine	19 Jul 2021	DOSC Level 4 Meet DOSC Level 4 Meet Diss
400m Free	5:02.39	Thea Irvine	21 Dec 2020	Level X - S1 R2+3 - Banana, Orange, Apple & Masters
800m Free	10:24.47	Thea Irvine	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss
1500m Free	21:45.46	Ottillie Miller	15 Sep 2017	Club Champs
25m Breast	0:20.60	Shannon Evans	20 Feb 2017	PB Gala
50m Breast	0:37.18	Maya Harris	01 Jan 2015	
100m Breast	1:22.14	Thea Irvine	02 Nov 2020	Level X - S1 R1 - Banana, Orange, Apple & Masters
200m Breast	2:56.84	Thea Irvine	18 Dec 2020	Level X - S1 R2+3 - Banana, Orange, Apple & Masters
25m Fly	0:18.72	Shannon Evans	20 Feb 2017	PB Gala
50m Fly	0:32.25	Rebecca Keep	01 Jan 2015	
100m Fly	1:13.54	Rebecca Keep	01 Jan 2015	
200m Fly	2:47.30	Thea Irvine	18 Dec 2020	Level X - S1 R2+3 - Banana, Orange, Apple & Masters
25m Back	0:18.57	Shannon Evans	20 Feb 2017	PB Gala
50m Back	0:32.75	Hannah Blades	01 Jan 2015	
100m Back	1:13.01	Katie Nash	01 Jan 2015	
200m Back	2:44.70	Immy Grimes	08 Dec 2019	Winter Wipeout 2019 Winter Wipeout 2019 Norwich

Event	Time	Name	Date	Venue
100m Medley	1:15.25	Thea Irvine	02 Nov 2020	Level X - S1 R1 - Banana, Orange, Apple & Masters
200m Medley	2:37.94	Thea Irvine	19 Jul 2021	DOSC Level 4 Meet DOSC Level 4 Meet Diss
400m Medley	5:35.68	Thea Irvine	21 Dec 2020	Level X - S1 R2+3 - Banana, Orange, Apple & Masters

Boys age 16

Event	Time	Name	Date	Venue
25m Free				
50m Free	0:25.77	Liam Osborne	01 Jan 2016	
100m Free	0:56.09	Liam Osborne	01 Jan 2016	
200m Free	2:09.50	Max Ashken	29 Sep 2019	Diss Otters Club Championships 2019 DOOSC Club Championships 2019 Diss
400m Free	4:52.66	Matthew Tatum	13 Jan 2018	Norfolk County Championships 2 Norwich
800m Free	10:03.88	Matthew Tatum	15 Sep 2017	Club Champs
1500m Free	19:09.52	Max Ashken	29 Sep 2019	Diss Otters Club Championships 2019 DOOSC Club Championships 2019 Diss
25m Breast				
50m Breast	0:31.98	Dominic Boylan	01 Jan 2016	
100m Breast	1:13.22	Dominic Boylan	01 Jan 2016	
200m Breast	2:54.34	Matthew Tatum	15 Sep 2017	Club Champs
25m Fly				
50m Fly	0:26.72	Max Ashken	13 Oct 2019	Diss Open 2019 Diss Open 2019 Norwich
100m Fly	0:59.82	Max Ashken	07 Dec 2019	Winter Wipeout 2019 Winter Wipeout 2019 Norwich
200m Fly	2:15.24	Max Ashken	07 Dec 2019	Winter Wipeout 2019 Winter Wipeout 2019 Sportspark, Norwich
25m Back				
50m Back	0:29.99	Liam Osborne	01 Jan 2016	
100m Back	1:04.50	Max Ashken	13 Oct 2019	Diss Open 2019 Diss Open 2019 Norwich
200m Back	2:21.25	Matthew Tatum	02 Dec 2017	UEA Norwich
100m Medley	1:04.24	Jamie Rush	01 Jan 2016	
200m	2:21.05	Max Ashken	16 Nov	2019 Norwich November Short Course 3ER192685 Sportspark, UEA

Event	Time	Name	Date	Venue
Medley			2019	Norwich
400m Medley	5:11.09	Max Ashken	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss

Girls age 16

Event	Time	Name	Date	Venue
25m Free	0:15.28	Shannon Evans	15 Apr 2018	PB Gala
50m Free	0:29.90	Thea Irvine	07 Nov 2021	East Region Short Course Championships 2021 SE ER 2021 SC Championships Luton
100m Free	1:05.57	Ottilie Miller	31 Mar 2019	Norwich Swan Open Meet 2019 Norwich Swan Open Meet Norwich
200m Free	2:23.67	Thea Irvine	17 Oct 2021	Diss Open 2021 Diss Open 2021 Norwich
400m Free	5:12.25	Thea Irvine	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
800m Free	10:50.73	Ottilie Miller	28 Sep 2018	Diss Otters Club Champs 2018 Diss
1500m Free	21:36.40	Ottilie Miller	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Breast	0:29.06	Shannon Evans	15 Apr 2018	PB Gala
50m Breast	0:38.66	Nichole Chadwick	01 Jan 2016	
100m Breast	1:24.14	Thea Irvine	17 Oct 2021	Diss Open 2021 Diss Open 2021 Norwich
200m Breast	2:59.03	Thea Irvine	07 Nov 2021	East Region Short Course Championships 2021 SE ER 2021 SC Championships Luton
25m Fly	0:17.52	Shannon Evans	15 Apr 2018	PB Gala
50m Fly	0:32.13	Katie Nash	01 Jan 2016	
100m Fly	1:12.35	Rebecca Keep	01 Jan 2016	
200m Fly	2:55.18	Lottie Gates	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
25m Back	0:20.66	Shannon Evans	15 Apr 2018	PB Gala
50m Back	0:33.13	Holly Gregson	01 Jan 2016	
100m Back	1:09.88	Holly Gregson	01 Jan 2016	
200m Back	2:42.10	Lottie Gates	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss

Event	Time	Name	Date	Venue
100m Medley	1:15.90	Ottilie Miller	16 Dec 2018	Winter Wipeout 2018 GYSC Winter Wipeout 2018 Sportspark, Norwich
200m Medley	2:40.19	Katie Nash	01 Jan 2016	
400m Medley	5:46.13	Thea Irvine	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss

Boys age 17

Event	Time	Name	Date	Venue
25m Free	0:13.31	Ryan Waters	16 Jun 2016	PB Gala
50m Free	0:25.57	Liam Osborne	01 Jan 2017	
100m Free	0:56.08	Liam Osborne	01 Jan 2017	
200m Free	2:08.22	Matthew Tatum	31 Mar 2019	Norwich Swan Open Meet 2019 Norwich Swan Open Meet Norwich
400m Free	4:37.58	Matthew Tatum	31 Mar 2019	Norwich Swan Open Meet 2019 Norwich Swan Open Meet Norwich
800m Free	9:52.75	Matthew Tatum	28 Sep 2018	Diss Otters Club Champs 2018 Diss
1500m Free	19:15.19	Matthew Tatum	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Breast	0:16.78	Ryan Waters	16 Jun 2016	PB Gala
50m Breast	0:30.99	Justin Bott	01 Jan 2017	
100m Breast	1:07.53	Justin Bott	01 Jan 2017	
200m Breast	2:51.91	Ryan Waters	15 Sep 2016	Club Champs
25m Fly	0:14.73	Ryan Waters	16 Jun 2016	PB Gala
50m Fly	0:28.31	Justin Bott	01 Jan 2017	
100m Fly	1:01.64	Justin Bott	01 Jan 2017	
200m Fly	2:30.45	Matthew Tatum	28 Sep 2018	Diss Otters Club Champs 2018 Diss
25m Back	0:15.40	Ryan Waters	16 Jun 2016	PB Gala
50m Back	0:29.69	Liam Osborne	01 Jan 2017	
100m Back	1:03.33	Matthew Tatum	14 Oct 2018	Diss Otters Open Sprint Meet 2 Norwich Sportspark U
200m Back	2:18.66	Matthew Tatum	31 Mar 2019	Norwich Swan Open Meet 2019 Norwich Swan Open Meet Norwich

Event	Time	Name	Date	Venue
100m Medley	1:03.68	Justin Bott	01 Jan 2017	
200m Medley	2:18.14	Justin Bott	01 Jan 2017	
400m Medley	5:22.17	Matthew Tatum	28 Sep 2018	Diss Otters Club Champs 2018 Diss

Girls age 17

Event	Time	Name	Date	Venue
25m Free				
50m Free	0:29.65	Melissa Lear	01 Jan 2017	
100m Free	1:03.75	Melissa Lear	01 Jan 2017	
200m Free	2:26.81	Otilie Miller	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
400m Free	5:14.66	Otilie Miller	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
800m Free	10:56.40	Otilie Miller	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
1500m Free	20:58.06	Otilie Miller	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
25m Breast				
50m Breast	0:36.38	Melissa Lear	01 Jan 2017	
100m Breast	1:18.69	Melissa Lear	01 Jan 2017	
200m Breast	3:20.98	Otilie Miller	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
25m Fly				
50m Fly	0:32.85	Rebecca Keep	01 Jan 2017	
100m Fly	1:12.14	Jenny Thompson	01 Jan 2017	
200m Fly	3:03.93	Otilie Miller	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
25m Back				
50m Back	0:32.64	Jenny Thompson	01 Jan 2017	
100m Back	1:12.41	Jenny Thompson	01 Jan 2017	
200m Back	3:00.25	Otilie Miller	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss
100m Medley	1:13.91	Melissa Lear	01 Jan 2017	
200m	2:40.94	Melissa Lear	01 Jan	

Event	Time	Name	Date	Venue
Medley			2017	
400m Medley	5:54.47	Otilie Miller	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships Diss

Boys age 18

Event	Time	Name	Date	Venue
25m Free	0:13.10	Ryan Waters	20 Feb 2017	PB Gala
50m Free	0:26.72	Jude Ashken	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
100m Free	0:57.24	Matthew Tatum	06 Jul 2019	Thetford
200m Free	2:05.93	Matthew Tatum	16 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich
400m Free	4:35.00	Matthew Tatum	17 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich
800m Free	9:27.15	Matthew Tatum	29 Nov 2019	2019 CONSC Distance Time Trials 3ER193262 Sportspark, UEA Norwich
1500m Free	18:52.55	Matthew Tatum	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
25m Breast	0:16.47	Ryan Waters	20 Feb 2017	PB Gala
50m Breast	0:35.20	Ryan Waters	20 Feb 2017	PB Gala
100m Breast	1:21.35	Matthew Tatum	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
200m Breast	2:54.27	Matthew Tatum	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
25m Fly	0:14.54	Ryan Waters	20 Feb 2017	PB Gala
50m Fly	0:29.60	Brandon Crisp	02 Nov 2020	Level X - S1 R1 - Banana, Orange, Apple & Masters
100m Fly	1:07.52	Brandon Crisp	04 Nov 2020	Level X - S1 R1 - Banana, Orange, Apple & Masters
200m Fly	2:44.99	Matthew Tatum	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
25m Back	0:16.08	Ryan Waters	20 Feb 2017	PB Gala
50m Back	0:29.86	Matthew Tatum	07 Dec 2019	Winter Wipeout 2019 Winter Wipeout 2019 Sportspark, Norwich
100m Back	1:03.03	Matthew Tatum	16 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich
200m Back	2:15.35	Matthew Tatum	17 Nov 2019	2019 Norwich November Short Course 3ER192685 Sportspark, UEA Norwich

Event	Time	Name	Date	Venue
100m Medley	1:05.94	Matthew Tatum	07 Dec 2019	Winter Wipeout 2019 Winter Wipeout 2019 Norwich
200m Medley	2:21.63	Matthew Tatum	08 Dec 2019	Winter Wipeout 2019 Winter Wipeout 2019 Norwich
400m Medley	5:13.71	Matthew Tatum	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss

Girls age 18

Event	Time	Name	Date	Venue
25m Free				
50m Free				
100m Free				
200m Free				
400m Free				
800m Free				
1500m Free				
25m Breast				
50m Breast				
100m Breast	1:31.07	Katie Halmshaw	23 Feb 2019	Warwick Thompson Memorial Gala 2019 Warwick Thompson Memorial 2019
200m Breast				
25m Fly				
50m Fly	0:37.15	Katie Halmshaw	24 Feb 2019	Warwick Thompson Memorial Gala 2019 Warwick Thompson Memorial 2019
100m Fly				
200m Fly				
25m Back				
50m Back				
100m Back				
200m Back				
100m Medley				
200m Medley				
400m Medley				

Boys age 19-24

Event	Time	Name	Date	Venue
25m Free	0:13.02	Ryan Waters	15 Apr 2018	PB Gala
50m Free	0:24.73	Justin Bott	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
100m Free	0:57.75	Jordan King	26 Oct 2018	Sheffield
200m Free	1:59.60	Justin Bott	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
400m Free	4:41.05	Matthew Tatum	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
800m Free	9:58.18	Matthew Tatum	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss
1500m Free	19:36.70	Matthew Tatum	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss
25m Breast	0:15.86	Ryan Waters	15 Apr 2018	PB Gala
50m Breast	0:31.73	Jordan King	26 Oct 2018	Sheffield
100m Breast	1:03.32	Justin Bott	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
200m Breast	2:17.24	Justin Bott	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
25m Fly	0:14.61	Ryan Waters	15 Apr 2018	PB Gala
50m Fly	0:29.21	Jordan King	26 Oct 2018	Sheffield
100m Fly	1:07.00	Matthew Tatum	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
200m Fly				
25m Back	0:17.42	Ryan Waters	15 Apr 2018	PB Gala
50m Back	0:29.38	Matthew Tatum	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
100m Back	1:03.41	Matthew Tatum	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
200m Back	2:17.45	Matthew Tatum	28 Nov 2021	2021 CONSC November Short Course 3ER210457 Sportspark, UEA Norwich

Event	Time	Name	Date	Venue
100m Medley	1:06.44	Matthew Tatum	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
200m Medley	2:20.40	Matthew Tatum	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
400m Medley				

Girls age 19-24

Event	Time	Name	Date	Venue
25m Free				
50m Free	0:28.65	Emily Rose	29 Oct 2021	Sheffield
100m Free	1:03.06	Emily Rose	29 Oct 2021	Sheffield
200m Free	2:24.66	Emily Rose	29 Sep 2019	Diss Otters Club Championships 2019 DOOSC Club Championships 2019 Diss
400m Free	5:21.44	Emily Rose	16 Feb 2020	Sudbury
800m Free	11:26.92	Emily Rose	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
1500m Free	21:02.59	Emily Rose	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss
25m Breast				
50m Breast	0:41.31	Emily Rose	27 May 2022	50m PB Gala PB Gala - May 2022 Diss
100m Breast	1:33.59	Emily Rose	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss
200m Breast				
25m Fly				
50m Fly	0:33.06	Emily Rose	29 Oct 2021	Sheffield
100m Fly	1:15.56	Emily Rose	29 Oct 2021	Sheffield
200m Fly	3:05.93	Emily Rose	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss
25m Back				
50m Back	0:36.85	Emily Rose	24 Apr 2022	Newmarket
100m Back	1:19.31	Emily Rose	29 Sep 2019	Diss Otters Club Championships 2019 DOOSC Club Championships 2019 Diss
200m Back				
100m Medley	1:19.19	Emily Rose	29 Sep 2019	Diss Otters Club Championships 2019 DOOSC Club Championships 2019 Diss
200m Medley	2:50.02	Emily Rose	16 Feb 2020	Sudbury

Event	Time	Name	Date	Venue
400m Medley	6:04.06	Emily Rose	26 Sep 2021	Diss Otters Club Champs 2021 Club Champs 2021 Diss

Boys age 25+

Event	Time	Name	Date	Venue
25m Free	0:13.12	Adam Lelean	08 Dec 1994	Diss TT
50m Free	0:27.97	Jamie Rush	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
100m Free	1:02.50	Adam Lelean	17 Nov 1996	Diss Champ
200m Free	2:17.18	Adam Lelean	24 Oct 1997	Sheffield
400m Free	4:53.91	Adam Lelean	02 Dec 2007	Diss Dist Champs
800m Free	10:15.27	Adam Lelean	19 Jul 2008	Barnet
1500m Free	19:34.43	Adam Lelean	24 Oct 2008	Sheffield
25m Breast	0:16.65	Adam Lelean	29 Nov 2009	Champs
50m Breast	0:35.50	Jamie Rush	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
100m Breast	1:19.27	Adam Lelean	01 Jan 1992	Unknown
200m Breast	2:56.92	Adam Lelean	02 Dec 2006	Diss Dist Champs
25m Fly	0:14.38	Adam Lelean	07 Mar 1996	Diss TT
50m Fly	0:29.97	Jamie Rush	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
100m Fly	1:10.60	Jamie Rush	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
200m Fly	2:49.00	Adam Lelean	02 Dec 2006	Diss Dist Champs
25m Back	0:17.53	Adam Lelean	22 Apr 2013	Diss PB Gala
50m Back	0:33.71	Timothy Earl	17 Feb 2019	Sudbury
100m Back	1:11.68	Jamie Rush	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
200m Back	2:45.89	Timothy Earl	11 May 2019	Norfolk Masters Long Course Norwich

Event	Time	Name	Date	Venue
100m Medley	1:10.18	Jamie Rush	29 Sep 2019	Diss Otters Club Championships 2019 DOSC Club Championships 2019 Diss
200m Medley	2:38.58	Adam Lelean	17 Nov 1997	Distance Champ
400m Medley	5:44.70	Adam Lelean	26 Jul 1997	Barnet

Girls age 25+

Event	Time	Name	Date	Venue
25m Free				
50m Free	0:32.44	Holly Gregson	27 May 2022	Diss
100m Free	1:27.04	alison pickering	11 May 2019	Norfolk Masters Long Course Norwich
200m Free	3:04.79	Sarah Richards	04 Dec 2022	Winter Wipeout 2022 WWMeet22 Sportspark,Norwich
400m Free	6:07.38	Rebecca Dean	07 May 2016	UEA
800m Free	14:25.10	Lee Macdonald	20 Jul 1996	Bull
1500m Free	27:55.93	Lee Macdonald	26 Oct 2007	Sheffield
25m Breast	0:23.86	Sally Lelean	30 May 1998	Hinckley
50m Breast	0:39.96	Rebecca Dean	18 May 2013	Norwich
100m Breast	1:33.16	alison pickering	23 Apr 2017	Newmarket
200m Breast	3:21.14	alison pickering	13 May 2017	UEA Norwich
25m Fly	0:27.63	Nikki Miller	06 Dec 2003	Distance Champs
50m Fly	0:36.00	Holly Gregson	27 May 2022	Diss
100m Fly	1:47.26	Nora For-Szabo	28 Oct 2022	Sheffield
200m Fly	4:43.06	Sally Lelean	06 Dec 2003	Distance Champs
25m Back				
50m Back	0:35.48	Holly Gregson	13 Nov 2022	Braintree, Essex
100m Back	1:36.09	Sarah Richards	30 Sep 2022	Club Champs 2022 Club Champs 2022 Diss
200m Back	3:44.22	Sally Lelean	04 Dec 2004	Distance Champs
100m	1:26.77	alison	23 Apr	Newmarket

Event	Time	Name	Date	Venue
Medley		pickering	2017	
200m Medley	3:21.69	alison pickering	19 May 2018	UEA
400m Medley	7:10.64	Lee Macdonald	27 Jul 2002	Barnet