Norfolk County Championships & Age Group Competition 2019
19th / 20th / 26th / 27th Jan and 2nd / 3rd Feb 2019
All events being held at UEA Sportspark

INDIVIDUAL ENTRY FORM			
FORENAME:		SURNAME:	
SQUAD:		AGE (@ 31/12/2019):	
SEX:	MALE / FEMALE	DATE OF BIRTH:	
EMAIL ADDRESS:			
TELEPHONE NO:			
ASA NO			

EVENT	COST PER EVENT	10-11 YEAR OLD	12 + YEAR OLD	Cost
50M FREESTYLE	£6.00			
100M FREESTYLE	£6.00			
200M FREESTYLE	£6.00			
400M FREESTYLE	£6.00			
800M FREESTYLE ****	£6.00			
1500M FREESTYLE ****	£6.00			
50M BACKSTROKE	£6.00			
100M BACKSTROKE	£6.00			
200M BACKSTROKE	£6.00			
50M BREASTSTROKE	£6.00			
100M BREASTSTROKE	£6.00			
200M BREASTSTROKE	£6.00			
50M BUTTERFLY	£6.00			
100M BUTTERFLY	£6.00			
200M BUTTERFLY	£6.00			
200M IM	£6.00			
400M IM	£6.00			
	Total Events		*@ £6.00*	£
			Coaching Fee	**£5.00**
			Final Total:	£

If you are not sure which events to enter please talk to your coach.

**** Please read the guidance carefully for the 800 and 1500 Free.

CLOSING DATE FOR ENTRIES IS MONDAY 17TH DECEMBER

Please return this form to Julie Munnings with a cheque made payable to **Diss Otters Swimming Club or via BACS. If paying by BACs** please quote NCC19 and the first 4 letters of your surname**. If your payment is not received at the time of entry (Monday 17th December) your entry will not be submitted.**