Diss Otters Swimming Club

21st DISS OTTERS OPEN SPRINT MEET

AT UEA SPORTSPARK - ON SUNDAY 14th October 2018

Upper limit times

'No faster than times'	Girls					
	Age					
Event	**9**	**10**	**11**	**12**	**13**	**14+**
50m Free	34.00	31.00	29.50	28.50	28.00	27.00
100m Free	1.12.00	1.06.00	1.04.50	1.02.00	1.00.50	59.00
400m Free	5.02.50	4.50.00	4.38.50	4.26.50	4.20.00	4.12.00
50m Brst	43.00	39.50	37.50	36.00	35.00	33.50
100m Brst	1.32.00	1.25.00	1.21.00	1.17.50	1.14.00	1.11.00
50m Fly	37.50	35.00	33.00	31.00	30.50	29.50
100m Fly	1.20.50	1.16.00	1.12.50	1.09.00	1.06.00	1.03.00
50m Back	38.50	36.50	34.50	33.00	31.50	29.00
100m Back	1.20.00	1.15.00	1.12.00	1.09.50	1.06.00	1.04.00
200m IM	3.00.00	2.45.00	2.33.50	2.28.50	2.23.00	2.16.00

Key:
Free = freestyle, Brst = Breaststroke, Fly = Butterfly, Back = Backstroke, IM = Individual Medley

'No faster than times'	Boys					
	Age					
Event	**9**	**10**	**11**	**12**	**13**	**14+**
50m Free	34.00	32.00	29.50	28.00	26.00	24.50
100m Free	1.12.00	1.08.00	1.04.00	1.02.00	59.00	55.00
400m Free	5.05.00	4.52.00	4.37.00	4.26.00	4.13.00	4.04.50
50m Brst	42.00	39.00	36.50	34.00	32.00	30.50
100m Brst	1.29.00	1.25.50	1.20.00	1.15.00	1.10.00	1.07.50
50m Fly	36.00	34.00	32.00	30.00	28.00	26.00
100m Fly	1.23.00	1.19.00	1.14.00	1.08.50	1.04.00	1.00.00
50m Back	40.50	38.00	35.00	32.50	30.50	28.00
100m Back	1.24.00	1.19.00	1.13.50	1.09.00	1.05.00	1.02.50
200m IM	3.00.00	2.45.00	2.30.00	2.20.00	2.16.00	2.07.00

Age is at 14th October 2018