



July Surprize Open Meet

Hosted by Teamipswich Swimming



At Crown Pools, Ipswich

PROGRAMME OF EVENTS

Sunday 8th July 2018

Session 1 - Warm-up 08:30, Start 09:30			
1	Male 100 I.M.	2	Female 100m Backstroke
3	Male 50m Freestyle	4	Female 50m Butterfly
5	Male 100m Breaststroke	6	Female 100m Freestyle
7	Male 50m Backstroke	8	Female 50m Breaststroke
9	Male 100m Fly		

Session 2 - Warm-up TBA, Start TBA			
10	Female 100m I.M.	11	Male 100m Backstroke
12	Female 50m Freestyle	13	Male 50m Butterfly
14	Female 100m Breaststroke	15	Male 100m Freestyle
16	Female 50m Backstroke	17	Male 50m Breaststroke
18	Female 100m Butterfly		

Age groups: 9, 10, 11, 12, 13, 14, 15 and over

Age at 8th July 2018